## INSTRUCTIONS TO AUTHORS

Aims and Scope. Quent's primary purpose is to publish manuscripts that address issues and concerns relevant and meaningful to kinesiology and physical education in higher education. The journal does not publish original research repros. but welcomes numnerigits that are based on, complement, or review empirical research release to our profession. Both theoretical and practice-based articles are considered. Quent serves a broad readership that includes exademicians, teachers, and administrators by providing a public forum for scholarly and creative thought about the profession.

Submission of Manuscripts, Manuscripts should not ordinarily exceed 25 pages in length. All articles must be precoded by an abstract of no more than 150 words. Reference citations in the text must match those in the forences list and must be excurst as to dates of publication and spelling or alunch ranner. Footnotes must be kept to a minimum, both in number and length; they should not exceed 5 or 6 lines each. Authors also are encouraged to refer to past insense of the journal for specific examples of the style to be used for citations and reference, as well as for various types of articles. Manuscripts must be carefully proofread before submission. Authors of manuscripts accepted for publication must transfer copyright to the National Association for Kinesiology in Higher Education (NAKHE).

NAKHE)
Submitted measureripts should be original works not previously published or simultaneously submitted to associate Journal. A bilad review process is used to evaluate manuscripts; all menuscripts are read by two members of the Guert Editional Board. The review process typically takes from 4 to 6 weeks. There are no page charges to contributors. Articles are to be submitted electronically via Scholar-One Manuscripts are the hydrome manuscripts are the submitted electronically via Scholar-One Manuscripts are strong and reviewed manuscripts allows from 4 to 6 manuscripts and reviewed manuscripts allows are rapid tubnistion of original and revised manuscripts; as well as facilitating the review process and internal communication between submrt, editors and reviewed via web-based platentin- For Scholar-One Manuscripts technical support voa may contact them via e-mail or phone support via http://scholarone.com/services/support.

References. All references and notes must conform to the style guidelines of the APA Publication Manual, 6th edition. Reference examples:

Journal: Beck, A.T., Epstein, N., Brown, G., & Steer, R.A. (1988). An inventory for measuring clinical anxiety: Psychometric properties. Journal of Consulting and Clinical Psychology, 56, 893-897. Doi: 10.1037/0022-

Journal, Bock, A. I., eps-son, Psychonetic properties, Journal of Consulting and Clinical Psychoetic properties, Journal of Consulting and Clinical Psychological Corporation, OOK, 56,6893
Book, Wechsler, D. (1987). Wecksler Memory Scale—Revised. San Antonio, TX: Psychological Corporation.

Contribution to a Book: Chow, T.W., & Cummings, J.L. (2000). The amygdale and Alzheimer's disease. In J.P. Aggleton (Ed.), The amygdale: A functional analysis (ps. 56–680). Under, England: Offord inhereity Press.

Blustrations: Illustrations submitted (line drawings, halftones, photos, photomicrographs, etc.) should be clean originals or digital files. Digital files are recommended for highest quality reproduction and should follow these guidelines:

- 300 dpi or higher
   Sized to fit on journal page
   EPS, TIFF, or PSD format only
   Submitted as separate files, not embedded in text files.

Tables and Figures. Tables and figures should not be embedded in the text, but should appear collectively at the end of the manuscript. They can also be included as separate files. A short descriptive title should appear above each table with a clear legend and any footnoots suitably identified below. All units must be included. Figures should be completely labeled, taking into account necessary size reduction. Captions should be typed,